MASSAGE

The massage covers the entire body, finishing with the face and scalp.
Customized according to your needs and desires.

30min€40 1hr€70

SPORTS MASSAGE

Massage to release tension and toxins due to exertion for better recovery.

30min€45 1hr€80

DUO MASSAGE

A pleasant moment to share as a couple

€160 /1hr

FOOT REFLEXOLOGY

A therapeutic method that involves massaging the feet and stimulating reflex zones.

€60 /1hr

LYMPHATIC DRAINAGE

A gentle massage that stimulates lymph circulation. Comprised of rhythmic, circular movements, on the face and entire body.

€70 /1hr

ENERGY REBALANCING

A treatment that reharmonizes the chakras, increases awareness and accesses blockages in our subtle bodies, and releases emotional, mental, and karmic blockages. It allows you to deprogram and reprogram the information present in your energy fields.

€70 /1hr

BAR ACCESS SESSION

This energy treatment is a manual method based on cranial stimulation

Children€50 Adults.....€60

YOGA

Gentle or Dynamic, your choice.

€70/hr

SPORTS CLASSES

Depending on your needs.

€60/hr

FOR YOUR WELL-BEING

OUR TREATMENT MENU AT HAUTACAM